



Appointment: MRI with Anesthesia Services

Date & Time:

Check -In: Two hours prior to your child's scheduled procedure time

Location: Surgical Registration 3010 Children's Way, Entrance 2

Parking: Children's Way South Parking Garage

Welcome and thank you for choosing Sharp and Children's MRI Center and Surgical Services at Rady Children's Hospital-San Diego. Whether your visit is unexpected or scheduled, a child's procedure can be stressful experience for the entire family. That's why it's good to know that your child is in expert hands at Sharp and Children's MRI and Rady Children's. Our team of surgeons, nurses, anesthesiologist, technicians, and support staff will do everything possible to make your experience safe and comfortable. We look forward to caring for your child, your family and you.

Eating and Drinking Restrictions

Infants less than 6 months of age

No Solids after midnight (no cereal, baby food, regular milk, orange juice, etc.)

On the day of anesthesia your child can have formula and or breast milk 4 hours prior to their procedure. (However, your child must be finished 4 hours prior to the procedure time).

On the day of anesthesia your child can have clear liquids 3 hours before the exam, which includes water, apple juice, flat 7-up, Pedialyte ONLY, your child must be finished 3 hours prior to the procedure time..

Children 6 months and older

No solids after midnight (no cereal, baby food, regular milk, orange juice, etc.)

On the day of the anesthesia your child may have formula and or breast milk 6 hour prior to the scheduled exam. (However, your child must be finished 6 hours before the procedure time).

On the day of anesthesia your child can have clear liquids 3 hours prior to their procedure which includes water, apple juice, flat 7-up, Pedialyte, Kool-aide, Gatorade, Jello without fruit, Popsicles without cream, and clear broth. (Your child must be finished 3 hours prior to the procedure time).

Illness

Contact your doctor prior to the procedure if your child experienced signs of acute illness such as fever, cold, diarrhea, vomiting or infectious diseases such as chicken pox, measles or mumps.

Medications

Pleas give your child all of his or her regularly scheduled medication as directed by your physician.

Surgical History & Physical Form

Your child will need a current History and Physical done within 30 days of the procedure. A blank History and Physical Form is attached and once completed by your physician can be faxed to (858)966-8592. Your appointment will be cancelled if you do not have a current History and Physical on file.

Bathing & Hygiene

Your child must have a bath or shower before the procedure and remove nail polish, make up and jewelry, dress your child in loose, clean comfortable clothing. Try to avoid clothing with metal zippers, buttons snaps or bra under wire.

What to bring

Your child's medication, including herbal medicines.
Your child's favorite toy or comfort item.
Id card, insurance card and any papers given to you by your child's physician.
Payment or co-payment
Court documents, if applicable, for consent of legal guardianship.
Home medical equipment (contact lens container, wheelchair, g-tube, supplies, etc.)

Transportation and Visitation

On the day of your child's procedure your child must be accompanied by a parent or legal guardian. Please arrange for private transportation (car or taxi) to and from the hospital before the procedure. All patients regardless of age must have an adult present to drive them home.

Check- In

Your will need to check -in with registration two hours prior to the procedure. Once you have checked in, you and your child will be escorted to the pre-op area. A nurse will prepare your child for his or her procedure. The anesthesiologist will meet to talk to you and your child about anesthesia. Prior to beginning and surgical procedure on a female patient 12 years or older (and those who have started menstruation at any age), a routine urine sample will be needed for a pregnancy test. If you have any concerns, please speak with you child's nurse or doctor.

During the Procedure

We will direct you to the waiting room. Please remain in this area, as they will look for you there when the procedure is complete. The MRI Team makes every effort to start your child's procedure as scheduled, but sometimes there are unexpected delays. We commit to keeping you informed if this occurs.

After Procedure-PACU

After the procedure your child will be taken to the Post-Anesthesia Care Unit (PACU) where our nurses will monitor your child's condition and comfort. It may take a while for your child to wake up after the procedure. You can visit with your child once he or she is awake.

Going Home

If your child is going home on the day of the procedure, a nurse in the discharge area will provide something to drink and post procedure instructions. You and another parent /guardian will be able to stay with your child to get ready for discharge. After your child is discharged you will received a follow- up phone call at home by a Rady Children's nurse to assess your child's progress. Please contact your child's physician if you have problems or questions after the procedure.

Infants

Infants less than one month of age will be admitted overnight. Full term infants one to three months of age will be observed for four to six hours after surgery.

Questions

Call surgical Services at (858) 966-6765. We are here to answer your questions Monday through Friday from 8 a.m. to 8 p. m. If you have pre-procedure questions after 8 pm during the week or on the weekend please call your child's physician.
To reschedule your exam call Sharp and Children's MRI Center at (858) 939-4560.